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# SPEAK UP FOR PROGRESS

## BY ELITE INDIGO

***Break the cycle of workplace silence, articulate your ideas with absolute clarity, and assert your perspective confidently to drive meaningful organizational progress.***


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100% HRDF CLaimable

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# Speak Up for Progress

## Program Overview

Remaining silent in the workplace can inadvertently signal approval and stifle organizational growth, yet speaking up often requires deep tactical skill. This comprehensive 1-day workshop empowers middle- to senior-level executives to confidently find their voice and make a lasting impact. Participants will explore why people stay quiet, assess their own communication styles, and discover the secrets of great speakers. By mastering proactive planning, precise articulation, and the C.R.A.V.E. formula, you will learn to navigate critical workplace situations while remaining cool, calm, and collected—transforming your ideas into actionable progress.

## Learning Objectives

By the end of the course, participants will be able to:

- Identify the benefits of Speaking Up for Progress
- Comprehend the threats posed by keeping silent
- Apply the Speaking Up By Planning skills Apply the
- Speaking Up By Articulating skills
- Apply the Speaking Up By Staying Cool, Calm & Collected

## Duration

One (1) Full-Day Workshop (7 Hours)

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# Speak Up for Progress

## Course Schedule

| DAY/TIME | DESCRIPTION |
|---|---|
| 30 Minutes | **Opening & Introduction** |
| 1 Hour | **Module 1: Speaking Up Progress**<br>• Formula for speaking Up<br>• Consequences of not speaking Up<br>• When is it better to remain quiet?<br>• Examples of Workplace Situations When People Remain Quiet<br>• Why Do Some Choose To Remain Quiet? |
| 2 Hours | **Module 2: Benefits of Speaking Up**<br>• Silence Is Deemed As Approval<br>• People Are Not Mind Readers<br>• It Promotes Awareness<br>• It Will Inspire Others<br>• You May Not Be Alone<br>• It Will Relieve You Of Stress |
| 1 Hour | **Lunch** |
| 2 Hours | **Module 3: Assessment of Self**<br>• Speaking Up against Workplace Culture Concerns<br>• If you had a critical situation that requires you to speak up, what would that situation be?<br>• What change do you wish for? |
| 2 Hours | **Module 4: How it Works**<br>• What great speakers do?<br>• Secrets of the best<br>• Enhancing Self-Esteem Skills<br>• C.R.A.V.E Formula |
| 30 Minutes | **Summary and End of Course** |

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## ABOUT ELITE INDIGO

We are dedicated to empowering businesses to achieve their full potential. With a team of seasoned professionals and a wealth of industry experience, we offer tailored consulting services to help organizations overcome challenges and seize opportunities.

## WHY CHOOSE US?

98% Customer Satisfaction based on Google Reviews




4.9 ★★★★★ 1,061 Google reviews

All our courses are 100% HRDF claimable and no PO needed.

### CONTACT US

For More 100% HRDF Claimable Courses

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## OUR COURSES

### ARTIFICIAL INTELLIGENCE (AI)

Dive into the cutting-edge world of AI, exploring algorithms, data analysis and more.

### TECHNICAL SKILL

Sharpen your technical prowess from programming, software and more.

### SOFT SKILL

Develop essential interpersonal skills to excel in any professional setting.

### LEADERSHIP SKILL

Unleash your leadership potential with our Leadership Skills course

### TEAMBUILDING

Understand the dynamics of teamwork, communication, and synergy



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